

# Help families from Puerto Rico!

Hundreds of families have moved to Massachusetts from Puerto Rico because of the hurricane, Maria. They are in immense need of supplies today, **and you can help!**



## Examples of items needed:

### Toiletries:

- tooth brushes
- deodorant
- toilet paper
- shampoo
- razors
- shaving cream
- tissues
- conditioner
- band aids
- sanitary napkins
- baby wipes
- mouthwash
- diapers

### Food items:

- canned stew
- canned beans
- hot cocoa
- coffee
- sweetener/creamer
- tea
- canned fruits
- canned salmon
- tuna, mayo
- granola bars
- peanut butter
- jam
- raisins
- dry fruits

### Other:

- lip balm
- laundry detergent
- antacids
- aspirin
- cough lozenges
- cereal/oatmeal
- pasta
- rice
- cold medicine

Drop items off at the Lutheran Church of the Redeemer. This project is being coordinated by Lutheran Church of the Redeemer & Social Capital Inc.(SCI)  
Address: 60 Forest Park Rd, Woburn MA 01801  
For more information contact Brendan at [bcrowley090@gmail.com](mailto:bcrowley090@gmail.com)



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